

Heartbeat Lab

Find your pulse and count. What makes your heart speed up?

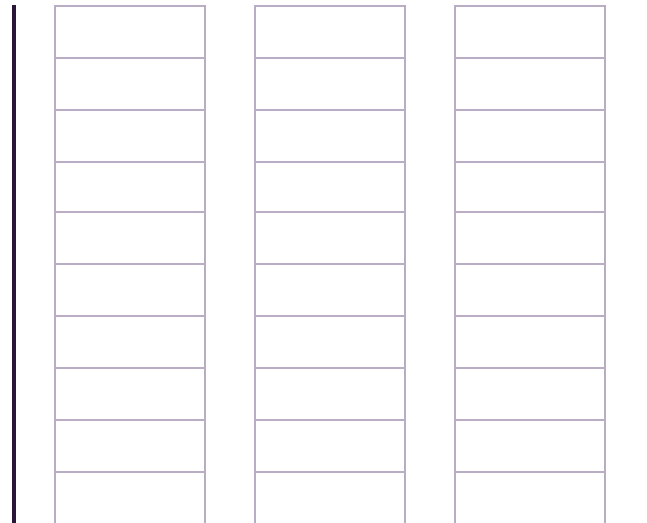
Name: _____ Date: _____



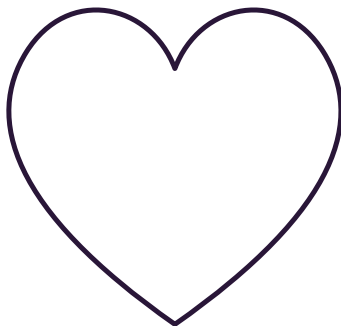
Beats in 15 seconds

When	Beats
Resting	
After 1 minute of jumping	
After 2 minutes of rest	

Graph it



Draw how your heart felt



My heart sped up because...

My guess for after running a race:
