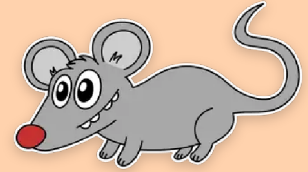


Goal Buddy Check-In

Goals are easier with a buddy. Check in with each other!



Name: _____ Date: _____

My goal:

My buddy's goal:

Weekly check-ins

Week	How I did	How my buddy did	High five?
1			
2			
3			
4			

Something my buddy said that helped

How I helped my buddy:
