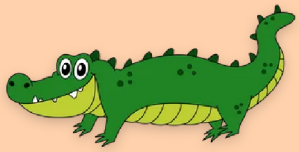
SPECIAL EDUCATION · K–5TH GRADE · LIFE SKILLS · 1 OF 5

How to Wash My Hands

Follow the steps. Check each box as you do it.



Name: _____ **Date:** _____

1 ☐



Wet my hands

2 ☐



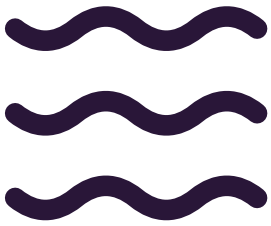
Get soap

3 ☐



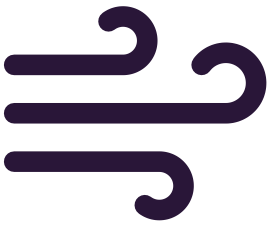
Scrub for 20 seconds

4 ☐



Rinse off the soap

5 ☐



Dry my hands

6 ☐



Throw the towel away

Scrub tip: sing "Happy Birthday" two times. That is about 20 seconds.

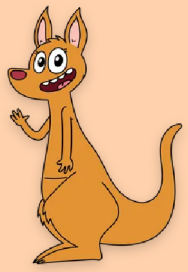
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SPECIAL EDUCATION · K–5TH GRADE · LIFE SKILLS · 2 OF 5

Brushing My Teeth

Follow the steps every morning and every night.

Name: _____ **Date:** _____



1



Put on a little toothpaste

2



Brush the front teeth

3



Brush the back teeth

4



Brush for 2 minutes

5



Spit and rinse

6



Clean teeth!

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Morning	☐	☐	☐	☐	☐	☐	☐
Night	☐	☐	☐	☐	☐	☐	☐

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SPECIAL EDUCATION · K–5TH GRADE · LIFE SKILLS · 3 OF 5

Safety Signs: What Do They Mean?

Draw a line from each sign to what it means.

Name: _____ **Date:** _____













- Hospital
- Bathroom
- Stop
- The way out
- Fire extinguisher

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ANSWER KEY · LIFE SKILLS · FOR GROWN-UPS

Answer Key: Safety Signs: What Do They Mean?



Draw a line from each sign to what it means.











Hospital

Bathroom

Stop

The way out

Fire extinguisher

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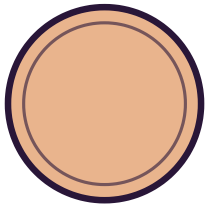
SPECIAL EDUCATION · 1ST–3RD GRADE · LIFE SKILLS · 4 OF 5

Coins: Names and Values

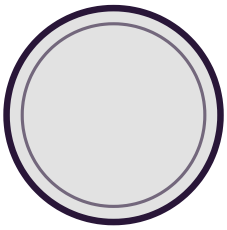
Draw a line from each coin to its name and value.

Name: _____ **Date:** _____

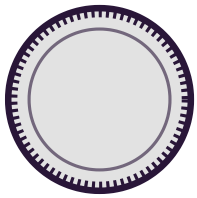




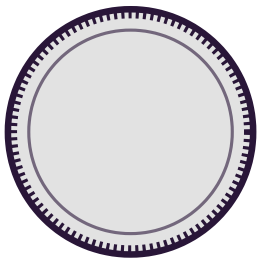
- dime, 10¢



- quarter, 25¢



- nickel, 5¢



- penny, 1¢

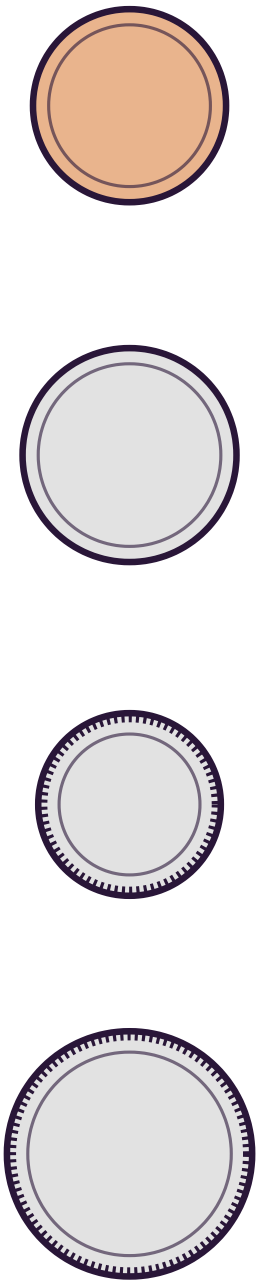
Tips: the penny is copper colored. The dime is the smallest coin, but it is worth 10¢. Dimes and quarters have ridges on the edge.

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ANSWER KEY · LIFE SKILLS · FOR GROWN-UPS

Answer Key: Coins: Names and Values

Draw a line from each coin to its name and value.



dime, 10¢

quarter, 25¢

nickel, 5¢

penny, 1¢

Tips: the penny is copper colored. The dime is the smallest coin, but it is worth 10¢. Dimes and quarters have ridges on the edge.

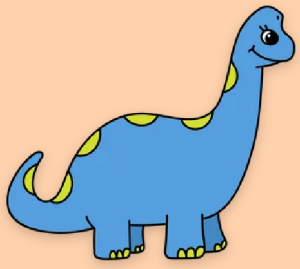
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SPECIAL EDUCATION · 1ST–3RD GRADE · LIFE SKILLS · 5 OF 5

Telling Time to the Hour

Look at the short hand. Write the time on the line.

Name: _____ **Date:** _____



1



_____

2



_____

3



_____

4



_____

5



_____

6



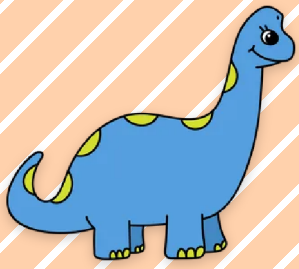
_____

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ANSWER KEY · LIFE SKILLS · FOR GROWN-UPS

Answer Key: Telling Time to the Hour

Look at the short hand. Write the time on the line.



1



3:00

2



7:00

3



12:00

4



9:00

5



1:00

6



5:00

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