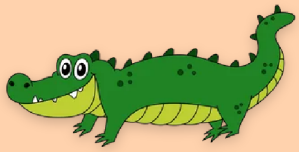
SPECIAL EDUCATION · K–5TH GRADE · LIFE SKILLS · 1 OF 5

How to Wash My Hands

Follow the steps. Check each box as you do it.



Name: _____ **Date:** _____

1 ☐



Wet my hands

2 ☐



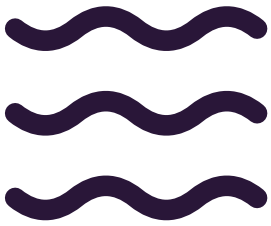
Get soap

3 ☐



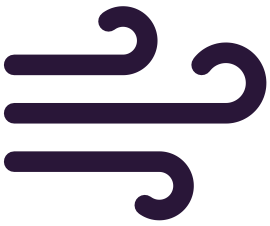
Scrub for 20 seconds

4 ☐



Rinse off the soap

5 ☐



Dry my hands

6 ☐



Throw the towel away

Scrub tip: sing "Happy Birthday" two times. That is about 20 seconds.

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