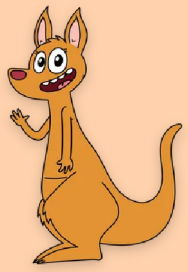
SPECIAL EDUCATION · K–5TH GRADE · LIFE SKILLS · 2 OF 5

Brushing My Teeth

Follow the steps every morning and every night.

Name: _____ **Date:** _____



1



Put on a little toothpaste

2



Brush the front teeth

3



Brush the back teeth

4



Brush for 2 minutes

5



Spit and rinse

6



Clean teeth!

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Morning	☐	☐	☐	☐	☐	☐	☐
Night	☐	☐	☐	☐	☐	☐	☐

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