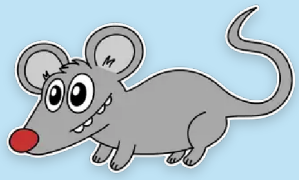
SEL · KINDNESS AND EMPATHY · GRADES 1–4

Write a Thank-You Note

Write a real thank-you note to someone who helped you: who they are, what they did and how it made you feel, plus a picture.



Name: _____ **Date:** _____

A great thank-you note says **who** you are thanking, **what** they did and **how** it made you feel.

Dear _____

Thank you for...

_____

_____

_____

_____

It made me feel _____ **From,** _____

Draw a picture to go with your note.

Art © Kevin Coulston