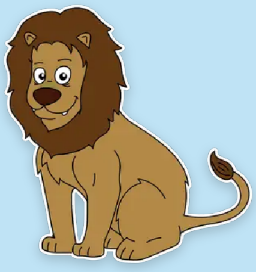
SEL · KINDNESS AND EMPATHY · GRADES 3–5

Which Reply Shows Empathy?

Read six things friends say and circle the reply that shows you understand how they feel.

Name: _____ **Date:** _____



Empathy means trying to understand how someone else feels. An empathy reply listens, names the feeling and shows you care.

Circle the letter of the reply that shows empathy.

1. **"My dog is really sick."**

   (a) That's nothing, my cat was sicker.

   (b) That sounds scary. I hope your dog feels better.

   (c) Want to play tag?

2. **"I didn't make the soccer team."**

   (a) You must feel disappointed. You practiced a lot.

   (b) Soccer is boring anyway.

   (c) I made the team!

3. **"Nobody sat with me at lunch."**

   (a) So what?

   (b) You should get new friends.

   (c) That sounds lonely. Want to sit with me tomorrow?

4. **"I'm nervous about the spelling test."**

   (a) Lots of people feel nervous. Want to practice together?

   (b) It's easy, just don't worry.

   (c) I'm going to get 100.

5. **"My grandma is moving far away."**

   (a) At least you have other grandmas.

   (b) You will miss her a lot. You could video chat.

   (c) My grandma lives close.

6. **"I spilled paint on my art project."**

   (a) Ha! It looks funny now.

   (b) You should be more careful.

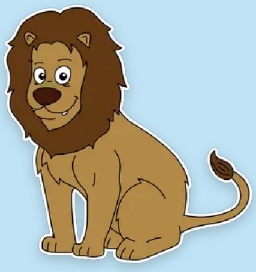
   (c) Oh no, that's frustrating. Can I help you fix it?

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ANSWER KEY · KINDNESS AND EMPATHY · GRADES 3–5

Answer Key: Which Reply Shows Empathy?

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



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   - (a) Ha! It looks funny now.
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