SEL · CONFLICT RESOLUTION · GRADES 2–5

Walk the Peace Path

Number the six steps of the peace path in order, then use them to plan how to solve a playground problem.

Name: _____ **Date:** _____



Write 1 to 6 to put the peace path steps in order.

- [ ] Think of solutions together.
- [ ] Stop and calm down. Take three deep breaths.
- [ ] Say how you feel with an I-message.
- [ ] Pick a solution you both agree on, then shake hands.
- [ ] Listen while the other person talks. Don't interrupt.
- [ ] Say back what you heard the other person say.

The problem: Jayden and Nora both grab the last jump rope at recess. Jayden says he saw it first. Nora says she asked for it yesterday.

Jayden could say: "I feel _____

Nora could say back: "You feel _____

Two solutions they could try: _____

The solution I would pick, and why: _____

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ANSWER KEY · CONFLICT RESOLUTION · GRADES 2–5

Answer Key: Walk the Peace Path

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



Write 1 to 6 to put the peace path steps in order.

5 Think of solutions together.

1 Stop and calm down. Take three deep breaths.

2 Say how you feel with an I-message.

6 Pick a solution you both agree on, then shake hands.

3 Listen while the other person talks. Don't interrupt.

4 Say back what you heard the other person say.

The problem: Jayden and Nora both grab the last jump rope at recess. Jayden says he saw it first. Nora says she asked for it yesterday.

Jayden could say: "I feel upset when you grab the rope because I want to play too."

Nora could say back: "You feel upset because you want the rope too."

Two solutions they could try: take turns every 5 minutes, or play jump rope together

The solution I would pick, and why: taking turns, because both get to jump

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