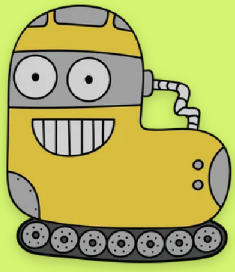
SEL · GROWTH MINDSET · GRADES 1–4

Stuck? Try a Strategy

Read six stuck moments and circle the learning strategy that helps most, like rereading or breaking a job into parts.

Name: _____ **Date:** _____



Circle the letter of the strategy that would help most.

1. **You read a word problem and have no idea what it is asking.**
   - (a) Reread it slowly and underline the question.
   - (b) Guess any number.
   - (c) Put your head down.

2. **Your big project feels like way too much to do.**
   - (a) Give up on it.
   - (b) Wait until the night before.
   - (c) Break it into small parts and do one at a time.

3. **You tried the same way three times and it still does not work.**
   - (a) Try a different way.
   - (b) Keep doing the exact same thing.
   - (c) Say "I'm just bad at this."

4. **You forgot how to do a kind of math problem.**
   - (a) Copy a friend's answers.
   - (b) Look back at an example in your notes.
   - (c) Skip the whole page.

5. **You feel so frustrated you want to rip up your paper.**
   - (a) Rip it up.
   - (b) Take a short break and three deep breaths, then go back.
   - (c) Yell at the paper.

6. **You still do not get it, even after trying a few strategies.**
   - (a) Pretend you understand.
   - (b) Hide your work.
   - (c) Ask a teacher or a friend to explain it a new way.

A strategy that helps me when I am stuck:

_____

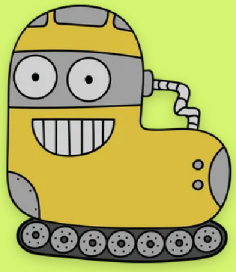
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ANSWER KEY · GROWTH MINDSET · GRADES 1–4

Answer Key: Stuck? Try a Strategy

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



Circle the letter of the strategy that would help most.

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A strategy that helps me when I am stuck:

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