SEL · PROBLEM SOLVING AND DECISIONS · GRADES 2–5

Stop, Think, Choose

Use the red, yellow and green light to stop, think of choices and pick one for two problems.

Name: _____ **Date:** _____



Color the lights red, yellow and green.

You are building a block tower and a little kid knocks it over.

red

yellow

green

Stop.

What is the problem? How do I feel?

Think.

What could I do? Write two choices.

Choose.

My best choice, and why:

Write a problem of your own: _____

red

yellow

green

Stop.

What is the problem? How do I feel?

Think.

What could I do? Write two choices.

Choose.

My best choice, and why:

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