SEL · CONFLICT RESOLUTION · GRADES 3–5

Spread It or Stop It?

Learn what a rumor is, then circle spreads it or stops it for ten things kids do, and write what to say to stop one.

Name: _____ **Date:** _____



A **rumor** is a story about someone that gets passed around. It is often untrue or unkind, and rumors can start big conflicts. Each of us can choose to stop one.

Circle Spreads it or Stops it for each one.

Telling one friend, "Don't tell anyone, but..."	Spreads it	Stops it
Saying, "That's not nice. Let's not talk about them."	Spreads it	Stops it
Posting what you heard in a group chat.	Spreads it	Stops it
Changing the subject.	Spreads it	Stops it
Laughing and adding more to the story.	Spreads it	Stops it
Asking the person kindly if it is true.	Spreads it	Stops it
Whispering it at recess.	Spreads it	Stops it
Telling a grown-up when a rumor is hurting someone.	Spreads it	Stops it
Sending a mean picture to friends.	Spreads it	Stops it
Not repeating it to anyone.	Spreads it	Stops it

What could you say if a friend starts a rumor? _____

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ANSWER KEY · CONFLICT RESOLUTION · GRADES 3–5

Answer Key: Spread It or Stop It?

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



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Not repeating it to anyone.	Spreads it	**Stops it**

What could you say if a friend starts a rumor? That might not be true, and it could hurt them. Let's not spread it.

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