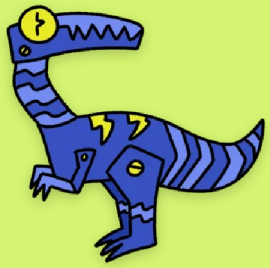
SEL · GOAL SETTING · GRADES 2–5

Short-Term or Long-Term Goal?

Circle short-term (days or weeks) or long-term (months or years) for ten goals, then write one of each.

Name: _____ **Date:** _____



A **short-term goal** can be done soon, in a day or a few weeks. A **long-term goal** takes months or even years, and many short-term goals help you get there.

Circle Short-term or Long-term for each goal.

finish my book report by Friday	Short-term	Long-term
become a doctor	Short-term	Long-term
learn all my times tables this school year	Short-term	Long-term
clean my room today	Short-term	Long-term
save up for a bike over the next year	Short-term	Long-term
read for 20 minutes tonight	Short-term	Long-term
learn to speak Spanish	Short-term	Long-term
score a goal at Saturday's game	Short-term	Long-term
write and illustrate my own book this year	Short-term	Long-term
get 10 out of 10 on this week's spelling test	Short-term	Long-term

My short-term goal: _____

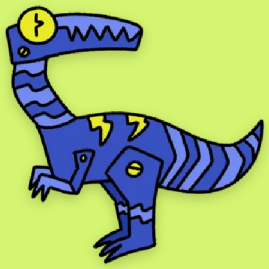
My long-term goal: _____

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ANSWER KEY · GOAL SETTING · GRADES 2–5

Answer Key: Short-Term or Long-Term Goal?

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



A **short-term goal** can be done soon, in a day or a few weeks. A **long-term goal** takes months or even years, and many short-term goals help you get there.

Circle Short-term or Long-term for each goal.

finish my book report by Friday	**Short-term**	Long-term
become a doctor	Short-term	**Long-term**
learn all my times tables this school year	Short-term	**Long-term**
clean my room today	**Short-term**	Long-term
save up for a bike over the next year	Short-term	**Long-term**
read for 20 minutes tonight	**Short-term**	Long-term
learn to speak Spanish	Short-term	**Long-term**
score a goal at Saturday's game	**Short-term**	Long-term
write and illustrate my own book this year	Short-term	**Long-term**
get 10 out of 10 on this week's spelling test	**Short-term**	Long-term

My short-term goal: _____

My long-term goal: _____

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