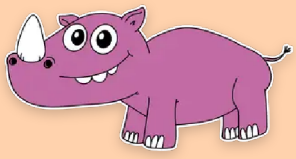
SEL · CONFLICT RESOLUTION · GRADES 2–4

How Big Is the Problem?

Sort twelve problems into small (I can fix it), medium (I try a tool or ask a friend) and big (I need a grown-up now).



Name: _____ **Date:** _____

Small problem: I can fix it by myself. **Medium problem:** I try a tool, like talking it out, or ask a friend for help. **Big problem:** someone could get hurt, so I tell a grown-up right away.

Read each problem. Write its number in the right box.

1. my pencil broke
2. someone cut in line
3. I smell smoke
4. I lost my eraser
5. a stranger asks me to go with them
6. a friend won't share the ball
7. I spilled my water
8. someone is bullied every day
9. we both want the same swing
10. I lost a board game
11. my friend said something unkind
12. someone is hurt and bleeding

Small	Medium	Big

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SEL · CONFLICT RESOLUTION · GRADES 2–5

Use an I-Message

Learn the I-message: I feel... when... because... I need... Then write one for three real problems.

Name: _____ **Date:** _____



An **I-message** tells someone how you feel without blaming them. **I feel** (the feeling) **when** (what happened) **because** (why it matters). **I need** (what would help). Example: "I feel upset when you take my markers without asking because I need them for my project. I need you to ask first."

1. Your brother keeps changing the TV channel while you are watching.

I feel _____

when _____

because _____

I need _____

2. A friend tells your secret to the class.

I feel _____

when _____

because _____

I need _____

3. Your group does not let you share your idea.

I feel _____

when _____

because _____

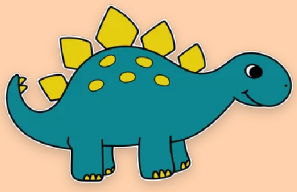
I need _____

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SEL · CONFLICT RESOLUTION · GRADES 2–4

Conflict Tools Match

Match seven conflict tools, like compromise, take turns and cool off, to what each one means.



Name: _____ **Date:** _____

Draw a line from each conflict tool to what it means.

take turns ●	● say sorry and mean it
share ●	● one person goes first, then the other
compromise ●	● ask for help when it is big or not safe
talk it out ●	● each person gives up a little so both are okay
apologize ●	● walk away and calm down first
cool off ●	● both people use it together
get a grown-up ●	● use calm words and listen to each other

The tool I use most: _____

A tool I want to try next time: _____

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SEL · CONFLICT RESOLUTION · GRADES 2–5

Walk the Peace Path

Number the six steps of the peace path in order, then use them to plan how to solve a playground problem.

Name: _____ **Date:** _____



Write 1 to 6 to put the peace path steps in order.

- ☐ Think of solutions together.
- ☐ Stop and calm down. Take three deep breaths.
- ☐ Say how you feel with an I-message.
- ☐ Pick a solution you both agree on, then shake hands.
- ☐ Listen while the other person talks. Don't interrupt.
- ☐ Say back what you heard the other person say.

The problem: Jayden and Nora both grab the last jump rope at recess. Jayden says he saw it first. Nora says she asked for it yesterday.

Jayden could say: "I feel _____

Nora could say back: "You feel _____

Two solutions they could try: _____

The solution I would pick, and why: _____

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SEL · CONFLICT RESOLUTION · GRADES 3–5

Pick a Fair Solution

Read six conflict scenarios and circle the solution that is fair to everyone.

Name: _____ **Date:** _____



Circle the letter of the solution that is fair to everyone.

1. **Two friends both want to use the one red marker.**

   (a) The bigger kid gets it.
   (b) They take turns, five minutes each.
   (c) They throw it away.

2. **Your group can't agree on a name for the project.**

   (a) Everyone shares one idea, then the group votes.
   (b) The loudest person picks.
   (c) Nobody gets a name.

3. **You and your sister both want the last cookie.**

   (a) You eat it fast before she sees.
   (b) You hide it.
   (c) You split it in half.

4. **One friend wants to play tag and one wants to play ball.**

   (a) Play tag first, then ball.
   (b) Play alone.
   (c) Whoever cries gets to pick.

5. **Two kids keep arguing about who was first in line.**

   (a) They push to the front.
   (b) They ask the teacher, or play rock paper scissors.
   (c) They keep yelling.

6. **Your team blames one player for losing the game.**

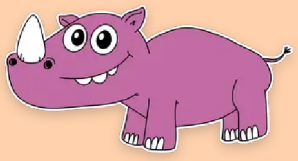
   (a) Kick the player off the team.
   (b) Blame the other team.
   (c) Remember everyone plays as a team, and practice together.

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ANSWER KEY · CONFLICT RESOLUTION · GRADES 2–4

Answer Key: How Big Is the Problem?

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



Small problem: I can fix it by myself. **Medium problem:** I try a tool, like talking it out, or ask a friend for help. **Big problem:** someone could get hurt, so I tell a grown-up right away.

Read each problem. Write its number in the right box.

1. my pencil broke
2. someone cut in line
3. I smell smoke
4. I lost my eraser
5. a stranger asks me to go with them
6. a friend won't share the ball
7. I spilled my water
8. someone is bullied every day
9. we both want the same swing
10. I lost a board game
11. my friend said something unkind
12. someone is hurt and bleeding

Small	Medium	Big
1. my pencil broke	2. someone cut in line	3. I smell smoke
4. I lost my eraser	6. a friend won't share the ball	5. a stranger asks me to go with them
7. I spilled my water	9. we both want the same swing	8. someone is bullied every day
10. I lost a board game	11. my friend said something unkind	12. someone is hurt and bleeding

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ANSWER KEY · CONFLICT RESOLUTION · GRADES 2–5

Answer Key: Use an I-Message

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



An **I-message** tells someone how you feel without blaming them. **I feel** (the feeling) **when** (what happened) **because** (why it matters). **I need** (what would help). Example: "I feel upset when you take my markers without asking because I need them for my project. I need you to ask first."

1. Your brother keeps changing the TV channel while you are watching.

I feel frustrated

when you change the channel

because I was in the middle of my show

I need to finish my show, then you can pick

2. A friend tells your secret to the class.

I feel hurt

when you told my secret

because I trusted you

I need you to keep my secrets private

3. Your group does not let you share your idea.

I feel left out

when nobody listens to my idea

because I want to help the group

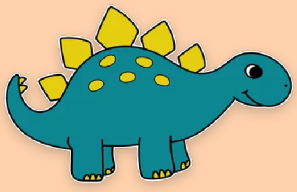
I need a turn to talk

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ANSWER KEY · CONFLICT RESOLUTION · GRADES 2–4

Answer Key: Conflict Tools Match

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



Draw a line from each conflict tool to what it means.

take turns	one person goes first, then the other
share	both people use it together
compromise	each person gives up a little so both are okay
talk it out	use calm words and listen to each other
apologize	say sorry and mean it
cool off	walk away and calm down first
get a grown-up	ask for help when it is big or not safe

The tool I use most: _____

A tool I want to try next time: _____

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ANSWER KEY · CONFLICT RESOLUTION · GRADES 2–5

Answer Key: Walk the Peace Path

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



Write 1 to 6 to put the peace path steps in order.

5 Think of solutions together.

1 Stop and calm down. Take three deep breaths.

2 Say how you feel with an I-message.

6 Pick a solution you both agree on, then shake hands.

3 Listen while the other person talks. Don't interrupt.

4 Say back what you heard the other person say.

The problem: Jayden and Nora both grab the last jump rope at recess. Jayden says he saw it first. Nora says she asked for it yesterday.

Jayden could say: "I feel upset when you grab the rope because I want to play too."

Nora could say back: "You feel upset because you want the rope too."

Two solutions they could try: take turns every 5 minutes, or play jump rope together

The solution I would pick, and why: taking turns, because both get to jump

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ANSWER KEY · CONFLICT RESOLUTION · GRADES 3–5

Answer Key: Pick a Fair Solution

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



Circle the letter of the solution that is fair to everyone.

1. **Two friends both want to use the one red marker.**
   - (a) The bigger kid gets it.
   - **(b) They take turns, five minutes each.**
   - (c) They throw it away.

2. **Your group can't agree on a name for the project.**
   - **(a) Everyone shares one idea, then the group votes.**
   - (b) The loudest person picks.
   - (c) Nobody gets a name.

3. **You and your sister both want the last cookie.**
   - (a) You eat it fast before she sees.
   - (b) You hide it.
   - **(c) You split it in half.**

4. **One friend wants to play tag and one wants to play ball.**
   - **(a) Play tag first, then ball.**
   - (b) Play alone.
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5. **Two kids keep arguing about who was first in line.**
   - (a) They push to the front.
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   - (c) They keep yelling.

6. **Your team blames one player for losing the game.**
   - (a) Kick the player off the team.
   - (b) Blame the other team.
   - **(c) Remember everyone plays as a team, and practice together.**

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