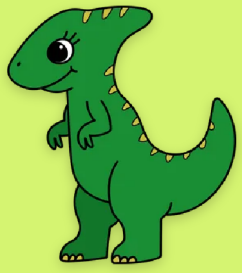
SEL · GOAL SETTING · GRADES 2–4

School, Health or Kindness Goal?

Sort twelve goals into school, health and kindness goals, then write one goal of your own for each kind.

Name: _____ **Date:** _____



Word bank

read two chapter books | eat a fruit at lunch | learn my 8s facts | say hi to a new kid | go to bed by 8:30 | help a classmate | spell all my words right | ride my bike every day | give three compliments | finish my homework on time | drink more water | share at recess

Write each goal in the right box.

School goal	Health goal	Kindness goal

My school goal: _____

My health goal: _____

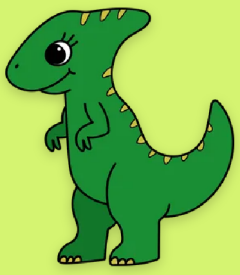
My kindness goal: _____

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ANSWER KEY · GOAL SETTING · GRADES 2–4

Answer Key: School, Health or Kindness Goal?

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



Word bank

read two chapter books · eat a fruit at lunch · learn my 8s facts · say hi to a new kid · go to bed by 8:30 · help a classmate · spell all my words right · ride my bike every day · give three compliments · finish my homework on time · drink more water · share at recess

Write each goal in the right box.

School goal	Health goal	Kindness goal
read two chapter books	eat a fruit at lunch	say hi to a new kid
learn my 8s facts	go to bed by 8:30	help a classmate
spell all my words right	ride my bike every day	give three compliments
finish my homework on time	drink more water	share at recess

My school goal: _____

My health goal: _____

My kindness goal: _____

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