SEL · CONFLICT RESOLUTION · GRADES 2–5

Real Apology or Fake Apology?

Learn what makes an apology real, then circle real or fake for eight apologies and write a real one of your own.

Name: _____ **Date:** _____



A **real apology** names what you did, shows you understand how it hurt and says how you will make it right. A **fake apology** blames, makes excuses or doesn't mean it.

Circle Real or Fake for each apology.

"I'm sorry I took your pencil without asking. Here it is, and I'll ask next time."	Real Fake
"Sorry, but you started it."	Real Fake
"I'm sorry you feel that way."	Real Fake
"I'm sorry I called you that name. It was mean, and I won't say it again."	Real Fake
"SORRY!" (yelled while rolling your eyes)	Real Fake
"I'm sorry I knocked over your tower. Can I help you build it again?"	Real Fake
"Fine, sorry. Can I go now?"	Real Fake
"I'm sorry I left you out at recess. Do you want to play tomorrow?"	Real Fake

Write a real apology for bumping into someone and not stopping: _____

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ANSWER KEY · CONFLICT RESOLUTION · GRADES 2–5

Answer Key: Real Apology or Fake Apology?

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



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Circle Real or Fake for each apology.

"I'm sorry I took your pencil without asking. Here it is, and I'll ask next time."	**Real** / Fake
"Sorry, but you started it."	Real / **Fake**
"I'm sorry you feel that way."	Real / **Fake**
"I'm sorry I called you that name. It was mean, and I won't say it again."	**Real** / Fake
"SORRY!" (yelled while rolling your eyes)	Real / **Fake**
"I'm sorry I knocked over your tower. Can I help you build it again?"	**Real** / Fake
"Fine, sorry. Can I go now?"	Real / **Fake**
"I'm sorry I left you out at recess. Do you want to play tomorrow?"	**Real** / Fake

Write a real apology for bumping into someone and not stopping: I'm sorry I bumped you. Are you okay? I'll slow down.

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