SEL · AFFIRMATIONS AND SELF-ESTEEM · GRADES 1–5

My Name Acrostic

Write your name down the side and a positive word or phrase about you for each letter.



Name: _____ **Date:** _____

Write one letter of your name in each box, from top to bottom. Next to each letter, write a **positive word or phrase about you** that starts with that letter. Example for SAM: **S**mart, **A**rtistic, **M**akes people laugh. Use your first and last name if you need more lines.

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