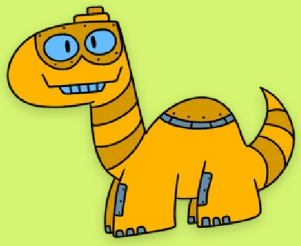
SEL · GROWTH MINDSET · GRADES 2–5

My Amazing Brain: True or False

Circle true or false for ten facts about how your brain grows when you learn, then fix two of the false ones.

Name: _____ **Date:** _____



Your brain is made of billions of nerve cells called **neurons**. Each time you practice, they make stronger connections, like a path that gets clearer the more you walk on it.

Circle True or False for each sentence.

Your brain can grow new connections when you learn something new.	True	False
Only some people can make their brains stronger.	True	False
Practicing a skill again and again makes the brain path for it stronger.	True	False
Mistakes mean your brain is not working.	True	False
Sleep helps your brain save what you learned that day.	True	False
Grown-ups can never learn anything new.	True	False
Trying hard things gives your brain a workout.	True	False
If something is hard at first, you will never be good at it.	True	False
Your brain has billions of nerve cells called neurons.	True	False
Water and healthy food help your brain work well.	True	False

Fix a false one: _____

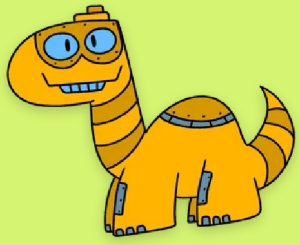
Fix another one: _____

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ANSWER KEY · GROWTH MINDSET · GRADES 2–5

Answer Key: My Amazing Brain: True or False

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



Your brain is made of billions of nerve cells called **neurons**. Each time you practice, they make stronger connections, like a path that gets clearer the more you walk on it.

Circle True or False for each sentence.

Your brain can grow new connections when you learn something new.	**True**	False
Only some people can make their brains stronger.	True	**False**
Practicing a skill again and again makes the brain path for it stronger.	**True**	False
Mistakes mean your brain is not working.	True	**False**
Sleep helps your brain save what you learned that day.	**True**	False
Grown-ups can never learn anything new.	True	**False**
Trying hard things gives your brain a workout.	**True**	False
If something is hard at first, you will never be good at it.	True	**False**
Your brain has billions of nerve cells called neurons.	**True**	False
Water and healthy food help your brain work well.	**True**	False

Fix a false one: Anyone can make their brain stronger by practicing.

Fix another one: Grown-ups can keep learning their whole lives.

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