SEL · KINDNESS AND EMPATHY · GRADES 2–5

Kindness in Action

Read six moments, from dropped books to a kid being teased, and circle the kind thing to do, then write about a kind act you saw.

Name: _____ **Date:** _____



Circle the letter of the kind thing to do.

1. **A classmate drops a stack of books in the hall.**
   - (a) Step over them and keep walking.
   - (b) Stop and help pick them up.
   - (c) Laugh and point.

2. **A new student doesn't know where the lunchroom is.**
   - (a) Offer to show them the way.
   - (b) Tell them to figure it out.
   - (c) Pretend you didn't notice.

3. **Your friend forgot a snack and looks hungry.**
   - (a) Eat yours slowly in front of them.
   - (b) Tell everyone they forgot.
   - (c) Share part of your snack.

4. **Someone in your group has an idea that no one is listening to.**
   - (a) Talk over them.
   - (b) Say, "Wait, let's hear their idea."
   - (c) Roll your eyes.

5. **Your little brother is scared of the dark.**
   - (a) Lend him your flashlight and sit with him.
   - (b) Tease him about it.
   - (c) Turn off all the lights.

6. **A kid in your class is being teased about their glasses.**
   - (a) Join in the teasing.
   - (b) Walk away and say nothing.
   - (c) Stand next to them and tell a grown-up.

A kind act I saw someone else do this week:

_____

_____

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ANSWER KEY · KINDNESS AND EMPATHY · GRADES 2–5

Answer Key: Kindness in Action

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



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