SEL · KINDNESS AND EMPATHY · GRADES K–1

Kind Hands, Kind Words

A grown-up reads eight kind acts out loud, and kids sort them into kind hands, like a high five, and kind words, like "good job!"



Name: _____ **Date:** _____

Grown-ups: read each one out loud. Is it something kind we **do with our hands**, or something kind we **say**? Kids write the number in the right box.

Write each number in the right box.

1. Give a high five.
2. Say "thank you."
3. Help pick up toys.
4. Say "You can play with us."
5. Share a crayon.
6. Say "Good job!"
7. Give a gentle hug.
8. Say "Are you okay?"

Kind hands	Kind words

Draw your kind hands helping someone.

Art © Kevin Coulston

ANSWER KEY · KINDNESS AND EMPATHY · GRADES K–1

Answer Key: Kind Hands, Kind Words

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



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