SEL · GOAL SETTING · GRADES 3–5

Interview a Goal Getter

Interview a grown-up about a big goal they reached: the steps they took, what got in the way, who helped and their advice for you.



Name: _____ **Date:** _____

Interview a grown-up about a big goal they reached, like learning a skill, finishing school, running a race or saving for something special.

Who I interviewed: _____

What goal did you reach? _____

Why did it matter to you? _____

What steps did you take? _____

What got in the way? _____

Who helped you? _____

How did you feel when you reached it? _____

What advice would you give me? _____

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