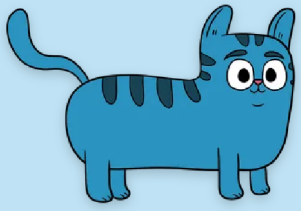
SEL · KINDNESS AND EMPATHY · GRADES 2–5

Include or Leave Out?

Circle includes or leaves out for ten things kids do at lunch, at recess and in class, then plan one way to include someone this week.



Name: _____ **Date:** _____

Including means making sure everyone has a way to join in. Leaving someone out on purpose can hurt as much as unkind words.

Circle Includes or Leaves out for each one.

"Come sit with us!"	Includes	Leaves out
Saving every seat at the lunch table for "your" friends.	Includes	Leaves out
Explaining the rules of a game to a new kid.	Includes	Leaves out
Whispering about someone while looking at them.	Includes	Leaves out
Picking a teammate who is often picked last.	Includes	Leaves out
Saying "You can't play, there are too many."	Includes	Leaves out
Making the game bigger so more kids fit.	Includes	Leaves out
Talking about a party in front of someone who isn't invited.	Includes	Leaves out
Asking a quiet classmate what they think.	Includes	Leaves out
Using a secret code so others can't understand.	Includes	Leaves out

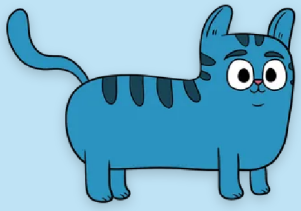
One way I can include someone this week: _____

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ANSWER KEY · KINDNESS AND EMPATHY · GRADES 2–5

Answer Key: Include or Leave Out?

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



Including means making sure everyone has a way to join in. Leaving someone out on purpose can hurt as much as unkind words.

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Saving every seat at the lunch table for "your" friends.	Includes	**Leaves out**
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One way I can include someone this week: _____

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