SEL · AFFIRMATIONS AND SELF-ESTEEM · GRADES K–2

High Five for Me

Trace your hand and write or draw something you are good at on each finger, then give yourself a high five.



Name: _____ **Date:** _____

Put your hand flat in the box and trace around it. On each finger, write or draw one thing you are good at. Then give yourself a high five!

Trace your hand here.

Trace the sentence.

I am awesome!

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