SEL · FEELINGS AND EMOTIONS · GRADES 1–3

Feelings Word Scramble

Unscramble eight feeling words with a clue for each, like a word for how you feel before a test, then use one in a sentence.

Name: _____ **Date:** _____



Unscramble each feeling word. Use the clue to help.

p h y a p
You feel this at a birthday party.

_____

y a n r g
Your face gets hot and red.

_____

e r c d a s
A loud noise in the dark.

_____

r o p u d
You finished a hard puzzle.

_____

y e n o l l
No one to play with.

_____

m a l c
Quiet and peaceful inside.

_____

w r r e d i o
The night before a big test.

_____

y i l s l
Making funny faces.

_____

Use one of the words in a sentence about you.

_____

_____

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ANSWER KEY · FEELINGS AND EMOTIONS · GRADES 1–3

Answer Key: Feelings Word Scramble

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



Unscramble each feeling word. Use the clue to help.

p h y a p

You feel this at a birthday party.

happy

y a n r g

Your face gets hot and red.

angry

e r c d a s

A loud noise in the dark.

scared

r o p u d

You finished a hard puzzle.

proud

y e n o l l

No one to play with.

lonely

m a l c

Quiet and peaceful inside.

calm

w r r e d i o

The night before a big test.

worried

y i l s l

Making funny faces.

silly

Use one of the words in a sentence about you.

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