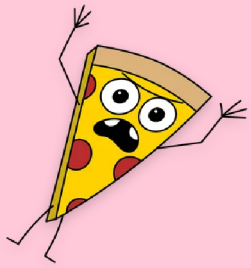
SEL · FEELINGS AND EMOTIONS · GRADES 1–3

Feelings Riddles

Solve eight "How do you feel?" riddles with the word bank, then write a feelings riddle for a friend to guess.



Name: _____ **Date:** _____

Word bank

nervous · proud · surprised · lonely · grateful · jealous · bored · embarrassed

Read each riddle. Write the feeling from the word bank.

1. Before you sing on stage, your tummy flutters. You feel _____.
2. You built the tallest tower in the class. You feel _____.
3. Friends jump out and yell "Happy birthday!" You feel _____.
4. Everyone is playing, but no one asked you. You feel _____.
5. A neighbor shoveled the snow off your steps. You feel _____.
6. You wish your friend's new bike were yours. You feel _____.
7. It is raining and there is nothing to do. You feel _____.
8. You trip in the lunch line and everyone looks. You feel _____.

Write your own feelings riddle. Can a friend guess it?

_____

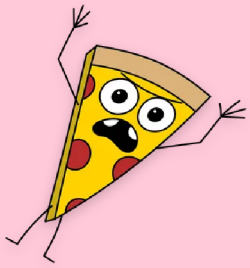
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ANSWER KEY · FEELINGS AND EMOTIONS · GRADES 1–3

Answer Key: Feelings Riddles

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



Word bank

nervous · proud · surprised · lonely · grateful · jealous · bored · embarrassed

Read each riddle. Write the feeling from the word bank.

1. Before you sing on stage, your tummy flutters. You feel **nervous**.
2. You built the tallest tower in the class. You feel **proud**.
3. Friends jump out and yell "Happy birthday!" You feel **surprised**.
4. Everyone is playing, but no one asked you. You feel **lonely**.
5. A neighbor shoveled the snow off your steps. You feel **grateful**.
6. You wish your friend's new bike were yours. You feel **jealous**.
7. It is raining and there is nothing to do. You feel **bored**.
8. You trip in the lunch line and everyone looks. You feel **embarrassed**.

Write your own feelings riddle. Can a friend guess it?

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