SEL · FEELINGS AND EMOTIONS · GRADES K–3

Feelings Charades Cards

Cut apart twelve cards and act out each feeling with your face and body, with no words, while friends guess it.



Name: _____ **Date:** _____

How to play: cut the cards apart and put them face down. Take a card and act out the feeling with your face and body, with no words. The first friend to guess the feeling takes the next turn.

✂ Cut on the dashed lines.

happy Smile big and bounce.	**sad** Droop your shoulders and frown.	**angry** Cross your arms and stomp.
scared Hide behind your hands.	**surprised** Open your eyes and mouth wide.	**tired** Yawn and stretch.
proud Stand tall with hands on hips.	**silly** Make a funny face.	**nervous** Wiggle and look all around.
bored Sigh and rest your chin on your hand.	**excited** Clap and jump up and down.	**shy** Look down and hide a little smile.

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