SEL · FEELINGS AND EMOTIONS · GRADES 2–3

Feeling Words: Small, Medium, Big

Put feeling words in order from a little to a lot, like annoyed, mad and furious, to name a feeling just right.



Name: _____ **Date:** _____

Feelings come in sizes. **Annoyed** is a small mad, **mad** is medium and **furious** is a big mad. Choosing the right size word helps people know how you feel.

Word bank

thrilled · down · nervous · tired · glad · heartbroken · terrified · sleepy · happy · worried · exhausted · sad

Write the words in order from small to big.

Feeling	Small	Medium	Big
Mad (example)	annoyed	mad	furious
Scared			
Happy			
Sad			
Tired			

A big feeling word I had this week: _____

What made it so big? _____

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ANSWER KEY · FEELINGS AND EMOTIONS · GRADES 2–3

Answer Key: Feeling Words: Small, Medium, Big

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



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thrilled · down · nervous · tired · glad · heartbroken · terrified · sleepy · happy · worried · exhausted · sad

Write the words in order from small to big.

Feeling	Small	Medium	Big
Mad (example)	annoyed	mad	furious
Scared	nervous	worried	terrified
Happy	glad	happy	thrilled
Sad	down	sad	heartbroken
Tired	sleepy	tired	exhausted

A big feeling word I had this week: _____

What made it so big? _____

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