SEL · AFFIRMATIONS AND SELF-ESTEEM · GRADES 1–4

Color My Strengths

Color every strength word that describes you, then write about a time you used your top strength.



Name: _____ **Date:** _____

Color every strength word that describes you. Circle your top strength.

kind	funny	brave	creative
honest	helpful	curious	patient
hard-working	a good listener	caring	fair
strong	calm	a leader	artistic

My top strength, and a time I used it:

_____

_____

_____

A strength I want to grow: _____

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