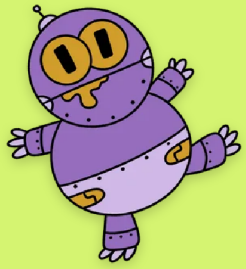
SEL · GOAL SETTING · GRADES 2–4

Big Goal, Little Steps

Put the little steps for two big goals, learning to swim and growing a sunflower, in order, then plan your own first step.

Name: _____ **Date:** _____



A big goal is easier when you break it into **little steps** and do them one at a time, in order.

Big goal: learn to swim. Write 1 to 5 to put the steps in order.

- ☐ Kick across the pool holding a board.
- ☐ Get used to splashing water on your face.
- ☐ Swim across the pool on your own.
- ☐ Blow bubbles in the water.
- ☐ Float on your back with a helper.

Big goal: grow a sunflower. Write 1 to 5 to put the steps in order.

- ☐ Put the pot in a sunny spot.
- ☐ Measure your tall sunflower!
- ☐ Fill a pot with soil.
- ☐ Water it every few days and watch it sprout.
- ☐ Plant the seed and water it.

My big goal: _____

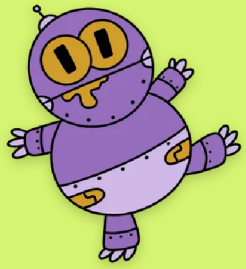
My first little step: _____

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ANSWER KEY · GOAL SETTING · GRADES 2–4

Answer Key: Big Goal, Little Steps

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



A big goal is easier when you break it into **little steps** and do them one at a time, in order.

Big goal: learn to swim. Write 1 to 5 to put the steps in order.

- 4 Kick across the pool holding a board.
- 1 Get used to splashing water on your face.
- 5 Swim across the pool on your own.
- 2 Blow bubbles in the water.
- 3 Float on your back with a helper.

Big goal: grow a sunflower. Write 1 to 5 to put the steps in order.

- 3 Put the pot in a sunny spot.
- 5 Measure your tall sunflower!
- 1 Fill a pot with soil.
- 4 Water it every few days and watch it sprout.
- 2 Plant the seed and water it.

My big goal: _____

My first little step: _____

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