SEL · AFFIRMATIONS AND SELF-ESTEEM · GRADES 1–4

Affirmation Word Search

Find twelve positive words, like brave, unique and capable, hidden across, down and on a slant, then use three to describe you.

Name: _____ **Date:** _____



Find each positive word. Words go across, down and on a slant. Check each one you find.

E	H	U	N	I	Q	U	E	R	I	O
I	K	Y	B	C	A	L	M	H	B	P
S	M	A	R	T	A	L	M	F	R	M
E	R	T	G	T	A	P	O	M	A	O
W	R	O	A	I	G	Y	A	V	V	S
P	R	O	U	D	A	H	T	B	E	W
H	S	M	E	L	B	F	E	C	L	D
K	S	M	R	C	A	R	I	N	G	E
I	G	G	S	P	E	C	I	A	L	E
N	H	A	P	P	Y	I	L	R	N	D
D	P	A	S	T	R	O	N	G	O	Y

- ☐ brave
- ☐ kind
- ☐ smart
- ☐ strong
- ☐ proud
- ☐ loved
- ☐ special
- ☐ unique
- ☐ capable
- ☐ happy
- ☐ calm
- ☐ caring

Pick three words that describe you. Write them in a sentence.

_____

_____

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ANSWER KEY · AFFIRMATIONS AND SELF-ESTEEM · GRADES 1–4

Answer Key: Affirmation Word Search

Answers for grown-ups. Many questions have more than one good answer, so the key shows one example.



Find each positive word. Words go across, down and on a slant. Check each one you find.

E	H	U	N	I	Q	U	E	R	I	O
I	K	Y	B	C	A	L	M	H	B	P
S	M	A	R	T	A	L	M	F	R	M
E	R	T	G	T	A	P	O	M	A	O
W	R	O	A	I	G	Y	A	V	V	S
P	R	O	U	D	A	H	T	B	E	W
H	S	M	E	L	B	F	E	C	L	D
K	S	M	R	C	A	R	I	N	G	E
I	G	G	S	P	E	C	I	A	L	E
N	H	A	P	P	Y	I	L	R	N	D
D	P	A	S	T	R	O	N	G	O	Y

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- ☐ calm
- ☐ caring

Pick three words that describe you. Write them in a sentence.

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