SEL · AFFIRMATIONS AND SELF-ESTEEM · GRADES K–5

Affirmation Bookmarks to Color

Eight cut-apart bookmarks with an affirmation on each, like Brave and Unique, to color and keep in your reading book.



Name: _____ **Date:** _____

✂ **Cut out the bookmarks and color them in.**

Brave I try new things.	**Kind** I help others.	**Strong** I keep going.	**Smart** My brain is growing.
Loved I am cared for.	**Unique** There is only one me.	**Calm** I can breathe and slow down.	**Proud** I am proud of my effort.

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