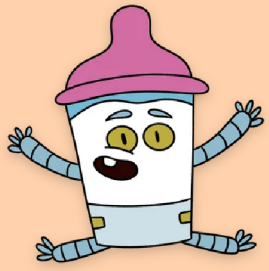
SCIENCE · FORCES AND MOTION · GRADES 1–3

Push or Pull?

Sort eight actions into pushes and pulls, then draw a push and a pull you did today.

Name: _____ **Date:** _____



A **force** is a push or a pull. A **push** moves something away from you. A **pull** moves something toward you.

1. Write each action in the right column.

closing a door | moving a shopping cart | opening a drawer | walking a dog on a leash | ringing a doorbell | playing tug of war | zipping up a coat | kicking a ball

Push	Pull

2. Draw a push you did today.

3. Draw a pull you did today.

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