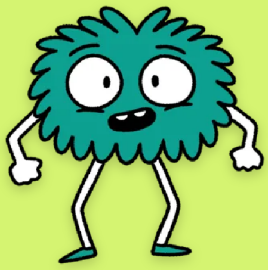
DRAMA · DRAMA GAMES AND IMPROV · GRADES K–5

Drama Warm-Up Game Cards

Cut out eight warm-up game cards with easy rules, like Mirror Me, Freeze! and One-Word Story.

Name: _____ **Date:** _____



Cut out the cards and keep them in a cup. Pull one out to start drama time or to fill five spare minutes.

Mirror Me

Face a partner. One person moves slowly and the other copies like a mirror. Switch leaders.

Freeze!

Everyone moves around the room. When the leader calls "Freeze!" hold still like a statue. The leader names a new way to move each time.

Pass the Face

Stand in a circle. Make a funny face at the person next to you. They copy it, then make a new face for the next person.

Zip Zap Zop

Stand in a circle. Point at someone and say "Zip!" They point at someone new and say "Zap!" The next says "Zop!" Then start again with Zip.

Walk This Way

Walk around the room. The leader calls out how to walk: on hot sand, through deep snow, like a tiny mouse, like a giant.

The Machine

One person makes a move and a sound, over and over. One at a time, others join in with a move and sound that fits, until the group is one big machine.

One-Word Story

Sit in a circle. Tell a story together, one word at a time. Each person adds just one word.

What Are You Doing?

Player 1 mimes an action. Player 2 asks, "What are you doing?" Player 1 names a different action, and Player 2 mimes that. Keep going!

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