CLASSROOM · 3RD–5TH GRADE · GOAL TRACKING · 3 OF 5

My SMART Goal

A SMART goal is specific, measurable, achievable, relevant and has a time limit. Plan yours, then check in each week.



Name: _____ **Date:** _____

Specific: what exactly will I do? _____

Measurable: how will I know I did it? _____

Achievable: why can I do it? _____

Relevant: why does it matter to me? _____

Time: by when? _____

Steps to reach my goal

1. _____
2. _____
3. _____

Check-ins

Date	How it is going	Next step

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