CLASSROOM · K–1ST GRADE · BEHAVIOR REFLECTION · 1 OF 5

My Think Sheet

Draw what happened. Circle how you felt. Then draw what you can do next time.



Name: _____ **Date:** _____

What happened?

How did I feel? Circle one.



happy



sad



mad



worried



silly

Next time I can...

I talked about this with: _____

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CLASSROOM · 1ST–3RD GRADE · BEHAVIOR REFLECTION · 2 OF 5

Stop and Think

Take a deep breath first. Then answer each question as honestly as you can.



Name: _____ **Date:** _____

1. What happened?

2. I was feeling...

☐ angry ☐ sad ☐ worried ☐ left out ☐ tired ☐ silly ☐ frustrated

☐ other: _____

3. My choice affected...

☐ me ☐ a friend ☐ my class ☐ my teacher ☐ someone else

4. Next time I will...

5. To make it right, I can...

☐ say sorry ☐ help fix it ☐ write a note ☐ give them space

☐ ask a grown-up for help

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CLASSROOM · 3RD–5TH GRADE · BEHAVIOR REFLECTION · 3 OF 5

My Fix-It Plan

Everyone makes mistakes. A fix-it plan helps you make it right and choose differently next time.



Name: _____ **Date:** _____

1. The problem

What happened, in order?

2. My choice

What did I do?

3. The effect

How did it affect others?

4. Repair it

What can I do to make it right?

5. My plan

What will I do next time?

Student signature: _____

Date: _____

Teacher signature: _____

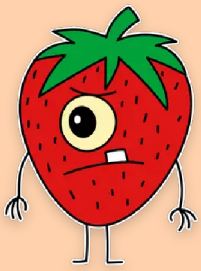
Follow-up date: _____

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CLASSROOM · K–2ND GRADE · BEHAVIOR REFLECTION · 4 OF 5

My Daily Self-Check

At lunch and at the end of the day, color the face that shows how you did. Your teacher can color one too.



Name: _____ **Date:** _____

	Morning	Afternoon
I listened.		
I was kind.		
I did my work.		
I kept my body safe.		

Today I am proud that I...

_____

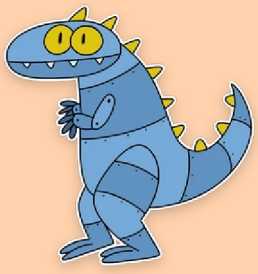
_____

Grown-up at home initials: _____

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CLASSROOM · 3RD–5TH GRADE · BEHAVIOR REFLECTION · 5 OF 5

My Week in Review



Each afternoon, rate yourself from 1 (needs work) to 4 (great). On Friday, answer the questions and take it home to sign.

Name: _____ **Date:** _____

	Mon	Tue	Wed	Thu	Fri
Respectful to others					
On task and focused					
Prepared with materials					
Responsible with my choices					

4 = great 3 = good 2 = getting there 1 = needs work

My best day was… because

Next week I will work on…

Family signature: _____

Comments: _____

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